

USA GYMNASTICS

The background of the cover features a stylized, colorful illustration of a city skyline with a prominent tower, rendered in shades of green, blue, and yellow. Two gymnasts are depicted in mid-air, performing a routine. The female gymnast on the left is wearing a white leotard with purple accents and has her arms raised. The male gymnast on the right is wearing a dark blue singlet with white accents and has his arms extended.

THE OFFICIAL PUBLICATION OF USA GYMNASTICS

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VOLUME 27, #5

MALONEY
ON A WINNING STREAK

WILSON
WINS THREE-PEAT

AT THE
**JOHN HANCOCK
U.S. GYMNASTICS
CHAMPIONSHIPS**

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GOODWILL GAMES

PACIFIC ALLIANCE CHAMPIONSHIPS

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SEPTEMBER/OCTOBER 1998 • VOLUME 27 • NUMBER 5

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FEATURES

GOODWILL GAMES

American gymnasts won nine medals, including five gold, at the 1998 Goodwill Games competing against the best gymnasts in the world. Doriane Mocanu won the all-around title making her the first American gymnast to accomplish this feat. Blake Wilson earned third in the all-around behind the first and second place finishers at the 1999 World Championships, Ivan Ivanov and Aleksii Bondarenko. Other American gold medalists include Vanessa Atkinson, Kristin Maloney and Chris LaMonte.



PACIFIC ALLIANCE CHAMPIONSHIPS

Kristen Maloney won the all-around and led her team to the gold medal at the Pacific Alliance Championships held in Winnipeg, Canada. Yancoski After grabbed two gold medals on vault and floor. The USA's top athlete Brian Wilson was hampered by injury and had to withdraw from one event during the team competition, yet the USA men's team still earned the bronze medal.

JUNIOR PAN AMERICAN GYMNASTICS CHAMPIONSHIPS

USA gymnasts won the team gold medals in men's, women's and rhythmic gymnastics. Zach Roberts, Paul Hamm, and Brett McClure swept the all-around while Morgan White and Kristen Thomas earned second and third in the rhythmic competition. Jessica Howard took first and Doranle Load took third. In addition to the team and all-around success, the USA gymnasts also earned 29 individual event titles in men's, women's and rhythmic gymnastics.

**JOHN HANCOCK U.S.
GYMNASTICS CHAMPIONSHIPS**



Blaine Wilson earned his third national all-around title for the men in the 1968 John Hancock U.S. Gymnastics Championships in Indianapolis, Ind. Wilson is the first gymnast to accomplish this "three-peat," since World Champion Kurt Thomas in 1976-78. Kristin Mooney's strong performances in all four events, both in preferences and finals, won her the Women's All-Around title in the Junior National Championships. Morgan White earned the women's title and the two junior men's titles went to Ray Bhuvar in the 16-18 age group and Paul Horton in the 14-15 age group.

MEET THE NATIONAL TEAM

Read about the top 20 women and top 14 men who made the USA Senior National Team at the John Hancock U.S. Gymnastics Championships. You'll learn a few details about each one including how old they are, where they live, and where they train!

USA GYMNASTICS CONGRESS

The 1998 U.S.A. Gymnastics Congress was held in Indianapolis, Ind., in conjunction with the John Hancock U.S. Gymnastics Championships. The Exhibition Hall was bigger and better than ever and there were more than 150 sessions occurring throughout the three-day event. The Hall of Fame and Ceremony of Honors Awards were also presented.

USA GYMNASTICS

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Robert V. Colaresi
President of USA Gymnastics

USA GYMNASTICS 2000 GETTING ON TRACK FOR SYDNEY

The USA National Team gymnasts have enjoyed tremendous success in competitions during the last two months, beginning with the stellar performance at the Senior Pacific Alliance, Junior Pan American Gymnastics Championships and, of course, the rare medals earned at the Goodwill Games, competing against the best in the world! The summer gymnastics events concluded with the John Hancock U.S. Gymnastics Championships, where **Kristen Maloney** became the National Champion for women, the first Pantheon gymnast to win the title since Jennifer Sey in 1986. **Diane Wilson** earned her third national all-around title for the men, the first gymnast to accomplish this "three-peat" since World Champion Kurt Thomas in 1976-78.

The Junior National Championships competition was equally exciting, with **Morgan White** earning the women's title and the two junior men's titles going to **Raj Brar** and in the 16-18 age group and **Zach Babin** winning the 14-15 age group title.

Other highlights of the National Championships include the successful comeback of 1991 World Champion **Rin Zemelak** to earn a spot on the 1998-99 USA National team. Zemelak, 22, retired from gymnastics after earning the team bronze medal at the 1992 Olympic Games in Barcelona and last competed in a National Championships six years ago.

It was great to see 1986 Olympic Gold Medalist **Dominique Dawkins** back in action, winning the all-around gold medal at the Goodwill Games and taking third all-around at Championships.

Also, **Brent Klein** scored the first 10.00 in event finals at a USA Gymnastics National Championships using a handspring double front tuck on vault. And to prove it was no

fluke, Klein nailed the vault again during all-around finals to score a 9.925.

Eighteen-year old **Jason Cohen** made a tremendous comeback to earn second all-around to his teammate **Wilson** at the National Championships. **Jay Thornton** earned third all-around to make it a U.S. Olympic Training Center sweep in the all-around competition.

Vanesa Adler stunned the crowd with her new first tumbling pass on floor, double layout, tucked one punch front, double shag jump, to win the floor title. After falling off bars twice during the preliminary competition at the National Championships, Adler scored a 9.80 on bars during finals to move from sixth all-around to second, challenging Maloney for the gold medal in the all-around.

Congratulations to all the gymnasts on their success during the past two months! During the President's Assembly at the USA Gymnastics National Congress I spoke of my goals for USA Gymnastics as the new president. My goals are threefold: to win medals, increase visibility and grow the sport. It looks like things are right on target and in order to continue our level of performance, we must work together, united in our purpose and efforts to meet our goals.

I challenge each and every one of you to strive for your personal best, whether you're an athlete, coach, judge, administrator or parent. We must move forward as the guardians of our sport to strive and improve. All great endeavors begin with individual effort. Together we can achieve greatness, and with it take USA Gymnastics to new and exciting levels of achievement!

Bob Colaresi
Robert V. Colaresi
President of USA Gymnastics

AMERICAN GYMNASTS STRUCK GOLD AT THE 1998 GOODWILL GAMES

By Craig Bohart
and Lynn Pasch

at the Nassau Veterans Memorial Coliseum in New York, winning nine medals in all—five gold, two silver and two bronze.

Dominique Moceanu became the first non-Russian woman to win a Goodwill Games all-around gold medal. "I've always dreamed of this moment," said Moceanu, who wiped away tears as the Star Spangled Banner played in her honor. "I was always hoping this would happen someday. I'm coming back after a really rough time. After what I've been through, this means so much more."

1996 Olympic Gold Medalist Moceanu led the straddle field from her very first event, bars, to tally a score of 38.660, easily outdistancing Romanians Maria Olaru and Simona Amariu, who placed second and third, respectively. Moceanu gave tremendous praise to her coach of the last seven months, Luminia Mircioiu.

"She has helped me so much with everything," Moceanu said. "With my outlook on life and outlook on everything in general. She put me back on track, and I couldn't have done this without her."

Dominique Moceanu

NY 98

Girls' all-around

Robert McHenry



NY GAMES OFFICIALS - (C) 1998

"I've always dreamed of this moment," said Moceanu, who wiped away tears as the Star Spangled Banner played in her honor. "I was always hoping this would happen someday. I'm coming back after a really rough time. After what I've been through, this means so much more."

Serhi Sagunov, the other USA entrant, battled back after hyper extending both of her knees during a warm-up vault before the competition to place fifth with a score of 37.587.

During event finals, Wiesna After grabbed the gold medals on vault and floor to join an elite group of women's gymnasts who have won two golds in a single Goodwill Games. "This is a good confidence builder for the Sydney Olympic Games and the upcoming John Hancock U.S. Championships," said Allen.

While vault was the site of the USA's best result of the evening, it also was the backdrop of the most sobering moment of the Games. China's Song Lian was injured during warm-ups. She was transported to an area hospital where examination indicated a fracture and dislocation in her vertebrae. Song, 17, from Ningbo, China, won the Chinese national championship in vault last year.

Diie Ray placed second on bars to reigning world champion Svetlana Khorkina, scoring 9.70. In a return to international amateur gymnastics, Olympic Gold Medalist Dominique Dawes placed fifth on bars after she was added as a last-minute substitution.

Grison Maloney earned the gold medal on beam. "It's really nerve-wrecking [being] left up in the air alone], especially when everyone hit so well in the beginning," she said. "I just tried to stay calm and focused and tried not to worry about what the others did."

On the men's side, battling a strong field and a sore shoulder, Blaine Wilson held on despite bubbles in his last two events to claim the bronze medal in the all-around. The gold medal went to reigning world champion Ivan Ivankov of Belarus.

"It feels pretty good to come in here and compete against all of these great athletes and do as well as I did today," said Wilson.

Ivankov, earned a chance at Olympic gold when his Achilles tendon snapped on the eve of the 1996 Olympic Games, took top honors with a score of 57.50. Russian Nikolai Boudarenko earned the silver with a 56.70, just ahead of Wilson's 56.595.

Wilson's all-around matches the best USA finish in the men's all-around, recorded by Lance Ritzefeld at the 1990 Goodwill Games. The other USA competitor, Sean Townsend, finished ninth with a 54.325.

Joe Thornton trailed only Moroz on floor to take home a silver medal while Yevko Tseruta took the bronze medal in pommel horse.

Chris LaMarte, who was competing in his first international competition since the 1996 World Championships, won the still rings with a score of

PHOTOGRAPH BY JEFFREY M. HARRIS FOR USA GYM



Blaine Wilson



Nikolai Boudarenko

Nikolai Boudarenko



Chris LaMarte

9.70. "I haven't had a meet that family and friends could come to in a long time," said LaMarte. "Being scored up and still having so many competitors to go, some of them pretty highly ranked ring men, I just didn't know if my score would hold up."

Kazakhstan's Sergei Fedorchenko took first on vault with a 9.65. Chen Yang finished sixth on vault and high bar with scores of 9.45 and 9.005, respectively.

China's Huang Xu scored his country's first gold of these Games by winning parallel bars with a score of 9.725. Trent Wells was fourth with a 9.60, finishing away to a score of 9.725 on high bar, well ahead of Aleson Nemov's 9.600 for second.

In rhythmic competition, Russia's Alina Kabaeva scored a 29.781 in the all-around to topple reigning world champion Yelena Warchenko of Ukraine, who finished with a score of 28.863. The bronze all-around went to Yevgeniya Pavlina of Belarus. The USA's Kate Jeffries was eighth with a 28.783.

Kabaeva continued her dominance, winning three of four individual events during finals, including hoop, clubs and ribbon. Warchenko of the Ukraine won the gold medal in rope with a 9.908 score. Kabaeva took the silver medal in the rope event with a score of 9.900.

With the five medals, Kabaeva is the most decorated athlete of the 1996 Goodwill Games. She raised a swag of all five golds in rhythmic by a mere .008.

GOODWILL GAMES USA ROSTER

[illegible]

GOODWILL GAMES USA RESULTS



Always Use New

WOMEN

ALL-INDIGENT FAMILIES

1	Guillaume Meccia	USA	34.442
2	Adam Omer	ROM	33.265
3	Sergio Arantes	ROM	33.030
4	Wang Fei	CHN	32.822
5	Samir Saperov	RSA	32.687
6	Oleg Tsarenko	UKR	32.346
7	Svetlana Cherkova	RUS	32.122
8	Shona McLaughlin	AUS	32.110
9	Ung Jai	CHN	32.111
10	Vincent Prod'homme	RUS	30.712
11	Alena Pashchenko	BLR	30.020

EVENT FINALS

TABLE 1		
1	Nordeste Atlix	USA
2	Wileto Dajupapelo	ELS
3	Sompa Amaran	SON
4	Moro Moro	SON
5	Advent Maja	WLS
6	Anna Ransilva	NLS

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10	United States	2.2%

RESEARCH DESIGN

1	Orsted Midway	USA	\$ 775
2	Olga Trilenko	UKR	\$ 720
3	Donna Gungorova	RSM	\$ 700
4	Olena Melnyuk	AUS	\$ 675
5	Prokhor Kuznetsov	RUS	\$ 652
6	Svetlana Amosov	RSM	\$ 620
7	Long Ho	CHN	\$ 540
8	Anna Kovaleva	RUS	\$ 500

11.0000 11.0000 11.0000

1	Venezuela Refs	USA	9.715
2	Samoa Refs	ROM	9.710
3	Cuba (Guantanamo)	ROM	9.610
4	Wing Ref	CHN	9.565
5	Yifeng Practitioner	ROU	9.540
6	Oleg Fedorov	GBR	9.470
7	Svetlana Khorkina	RUS	9.375
8	Anna Morozova	RUS	9.360

MEN

ALL-ACROSS FINALS

1	Yuli Ivlevskiy	USA	57.2000
2	Albinus Eusebiusman	USA	58.2000
3	Benno Wilson	USA	58.575
4	Kenneth Zaslavsky	USA	58.950
5	Lu Tefu	CHN	59.2000
6	Shengy Tsukshens	JPN	58.175
7	Artemy Arsenov	USA	59.750
8	Huiming Xu	CHN	60.050
9	Sever Tsoumourel	USA	60.325
10	Eric Lopez-Rios	CUB	60.380
11	Yasuhiko Nakamura	JPN	62.350

Publication of this book is made possible in part by a grant from the National Endowment for the Humanities, awarded to the author in 1992.

EVENT DURING

RACE (2007-08)		
1	Wesley Morris	USA 0:120
2	Jay Thomson	USA 0:160
3	Nicklas Bondegaard	RUS 0:205
4	Sergei Fedotchenko	RUS 0:210
5	Wladimir Stankin	RUS 0:240
6	Igor Petrov	CHE 0:300
7	Roman Zaslavskiy	UKR 0:325
8	Sergei Zhuravskiy	UKR 0:330

POWERBALL: HOW TO

1. Brian Snyder	USA	5:55
2. Niklas Bondegaard	USA	5:42
3. Yusef Torato	USA	5:28
4. Xu Huiang	CHN	5:25
5. Vladimir Hladky	CZE	5:25
6. Yuli Li	CHN	5:00
7. Yusef Omer	ROM	5:20
8. Sebastian Dufrenoy	GER	5:15

5. 2001. 12. 20. 10:00

1	Chris Lyttle	USA	9.900
2	Nathan Aspinall	GB	9.875
3	Adrian Panatier	GB	9.875
4	Steve Wilson	USA	9.850
5	Solomon Smolensky	BLR	9.825
6	Huanyu Xu	CHN	9.575
7	Roman Zaslavskiy	ISR	9.525
8	Dimitrios Tselios	GBR	9.400

1994, 1995, 1996, 1997, 1998, 1999, 2000, 2001, 2002, 2003, 2004, 2005, 2006, 2007, 2008, 2009, 2010, 2011, 2012, 2013, 2014, 2015, 2016, 2017, 2018, 2019, 2020, 2021, 2022, 2023, 2024, 2025, 2026, 2027, 2028, 2029, 2030, 2031, 2032, 2033, 2034, 2035, 2036, 2037, 2038, 2039, 2040, 2041, 2042, 2043, 2044, 2045, 2046, 2047, 2048, 2049, 2050, 2051, 2052, 2053, 2054, 2055, 2056, 2057, 2058, 2059, 2060, 2061, 2062, 2063, 2064, 2065, 2066, 2067, 2068, 2069, 2070, 2071, 2072, 2073, 2074, 2075, 2076, 2077, 2078, 2079, 2080, 2081, 2082, 2083, 2084, 2085, 2086, 2087, 2088, 2089, 2090, 2091, 2092, 2093, 2094, 2095, 2096, 2097, 2098, 2099, 2100, 2101, 2102, 2103, 2104, 2105, 2106, 2107, 2108, 2109, 2110, 2111, 2112, 2113, 2114, 2115, 2116, 2117, 2118, 2119, 2120, 2121, 2122, 2123, 2124, 2125, 2126, 2127, 2128, 2129, 2130, 2131, 2132, 2133, 2134, 2135, 2136, 2137, 2138, 2139, 2140, 2141, 2142, 2143, 2144, 2145, 2146, 2147, 2148, 2149, 2150, 2151, 2152, 2153, 2154, 2155, 2156, 2157, 2158, 2159, 2160, 2161, 2162, 2163, 2164, 2165, 2166, 2167, 2168, 2169, 2170, 2171, 2172, 2173, 2174, 2175, 2176, 2177, 2178, 2179, 2180, 2181, 2182, 2183, 2184, 2185, 2186, 2187, 2188, 2189, 2190, 2191, 2192, 2193, 2194, 2195, 2196, 2197, 2198, 2199, 2200, 2201, 2202, 2203, 2204, 2205, 2206, 2207, 2208, 2209, 2210, 2211, 2212, 2213, 2214, 2215, 2216, 2217, 2218, 2219, 2220, 2221, 2222, 2223, 2224, 2225, 2226, 2227, 2228, 2229, 2230, 2231, 2232, 2233, 2234, 2235, 2236, 2237, 2238, 2239, 2240, 2241, 2242, 2243, 2244, 2245, 2246, 2247, 2248, 2249, 2250, 2251, 2252, 2253, 2254, 2255, 2256, 2257, 2258, 2259, 2260, 2261, 2262, 2263, 2264, 2265, 2266, 2267, 2268, 2269, 2270, 2271, 2272, 2273, 2274, 2275, 2276, 2277, 2278, 2279, 2280, 2281, 2282, 2283, 2284, 2285, 2286, 2287, 2288, 2289, 2290, 2291, 2292, 2293, 2294, 2295, 2296, 2297, 2298, 2299, 2300, 2301, 2302, 2303, 2304, 2305, 2306, 2307, 2308, 2309, 2310, 2311, 2312, 2313, 2314, 2315, 2316, 2317, 2318, 2319, 2320, 2321, 2322, 2323, 2324, 2325, 2326, 2327, 2328, 2329, 2330, 2331, 2332, 2333, 2334, 2335, 2336, 2337, 2338, 2339, 2340, 2341, 2342, 2343, 2344, 2345, 2346, 2347, 2348, 2349, 2350, 2351, 2352, 2353, 2354, 2355, 2356, 2357, 2358, 2359, 2360, 2361, 2362, 2363, 2364, 2365, 2366, 2367, 2368, 2369, 2370, 2371, 2372, 2373, 2374, 2375, 2376, 2377, 2378, 2379, 2380, 2381, 2382, 2383, 2384, 2385, 2386, 2387, 2388, 2389, 2390, 2391, 2392, 2393, 2394, 2395, 2396, 2397, 2398, 2399, 2400, 2401, 2402, 2403, 2404, 2405, 2406, 2407, 2408, 2409, 2410, 2411, 2412, 2413, 2414, 2415, 2416, 2417, 2418, 2419, 2420, 2421, 2422, 2423, 2424, 2425, 2426, 2427, 2428, 2429, 2430, 2431, 2432, 2433, 2434, 2435, 2436, 2437, 2438, 2439, 2440, 2441, 2442, 2443, 2444, 2445, 2446, 2447, 2448, 2449, 2450, 2451, 2452, 2453, 2454, 2455, 2456, 2457, 2458, 2459, 2460, 2461, 2462, 2463, 2464, 2465, 2466, 2467, 2468, 2469, 2470, 2471, 2472, 2473, 2474, 2475, 2476, 2477, 2478, 2479, 2480, 2481, 2482, 2483, 2484, 2485, 2486, 2487, 2488, 2489, 2490, 2491, 2492, 2493, 2494, 2495, 2496, 2497, 2498, 2499, 2500, 2501, 2502, 2503, 2504, 2505, 2506, 2507, 2508, 2509, 2510, 2511, 2512, 2513, 2514, 2515, 2516, 2517, 2518, 2519, 2520, 2521, 2522, 2523, 2524, 2525, 2526, 2527, 2528, 2529, 2530, 2531, 2532, 2533, 2534, 2535, 2536, 2537, 2538, 2539, 2540, 2541, 2542, 2543, 2544, 2545, 2546, 2547, 2548, 2549, 2550, 2551, 2552, 2553, 2554, 2555, 2556, 2557, 2558, 2559, 2560, 2561, 2562, 2563, 2564, 2565, 2566, 2567, 2568, 2569, 2570, 2571, 2572, 2573, 2574, 2575, 2576, 2577, 2578, 2579, 2580, 2581, 2582, 2583, 2584, 2585, 2586, 2587, 2588, 2589, 2590, 2591, 2592, 2593, 2594, 2595, 2596, 2597, 2598, 2599, 2600, 2601, 2602, 2603, 2604, 2605, 2606, 2607, 2608, 2609, 2610, 2611, 2612, 2613, 2614, 2615, 2616, 2617, 2618, 2619, 2620, 2621, 2622, 2623, 2624, 2625, 2626, 2627, 2628, 2629, 2630, 2631, 2632, 2633, 2634, 2635, 2636, 2637, 2638, 2639, 2640, 2641, 2642, 2643, 2644, 2645, 2646, 2647, 2648, 2649, 2650, 2651, 2652, 2653, 2654, 2655, 2656, 2657, 2658, 2659, 2660, 2661, 2662, 2663, 2664, 2665, 2666, 2667, 2668, 2669, 2670, 2671, 2672, 2673, 2674, 2675, 26

1	Sergei Ivankhonen	RUS	9.430
2	Maxime Eustache	FRA	9.400
3	Eric Leguen Boes	CUB	9.376
4	Mirale Coombs	USA	9.363
5	Alexander Narmov	RUS	9.44.7
6	Chen Yousheng	CHN	9.43.0
7	Lu Yafu	CHN	9.39.3
8	Scott Townsend	USA	9.47.5

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6	Myra's Soudanese	RUS	\$800
7	Lo Yule	GBR	\$800
8	Sam's Soudanese	USA	\$800
FINNISH			
1	Iron Justice	GBR	\$1125
2	Aladdin Soudanese	RUS	\$900
3	Sam's Soudanese	GBR	\$800
4	Lo Yule	GBR	\$800
5	Yara's Soudanese	GBR	\$800
6	Chen's Soudanese	GBR	\$800
7	Aladdin Soudanese	RUS	\$800
8	Sam's Soudanese	GBR	\$800

MIXED PAIRS COMPETITION

1	Ch 10	25,600
2	Kany Jac In Swamp Bul	26,711
3	Don't Walk Downstairs In Aisle	26,780
4	Rumex 2	26,780
5	Ames Basketball In Midway Transformation	26,800
6	Ukraine	26,800
7	Olga's Birthday In Roman's Childhood	26,800
8	AmesBasketball	26,780
9	Don't Walk Downstairs In Aisle	26,780
10	Rumex	26,780
11	Ames Basketball In Midway Transformation	26,800
12	Rumex 2	26,780
13	Ames Basketball In Midway Transformation	26,800
14	Rumex 2	26,780
15	Ames Basketball In Midway Transformation	26,800
16	Rumex 2	26,780
17	Ames Basketball In Midway Transformation	26,800
18	Rumex 2	26,780
19	Ames Basketball In Midway Transformation	26,800
20	Rumex 2	26,780

RHYTHMIC

ALL-ARMED

1	Ruta Kalyanas	825	26.7%
2	Telera V's. (Perales)	1303	38.8%
3	Guinness, Boston	813	24.4%

Review: Nicolaus Lemmings



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PACIFIC ALLIANCE CHAMPIONSHIPS

By Craig Bohmert and Luis Perzak

The 1998 Pacific Alliance Championships in Winnipeg, Canada, was held as a test event for the 1999 Pan American Championships.

On the women's side, Kristen Maloney shrugged off concerns about a stress fracture in her right tibia and won the all-around gold medal as she led the U.S. women's squad to the team gold. Maloney's score of 38.337 outdistanced Australian national champion Zeena McLaughlin, who took the silver with a 37.967. Janelle Maloney on the medal stand for the USA was Sierra Sapunar, who earned the bronze medal with a 37.775. Vanessa Adler claimed fifth with a 37.025.

"My goal was to do the best I could for the team," said Maloney. "The stress fracture was a concern, but I've been watering down my routines in practice to take it easy on the leg. It's nice to win the all-around, but the team gold means more to me. That was our goal coming into the meet, and we earned it as a team."

The USA women's team was led by head coach Donna Strauss and assistant coach Steve Rybacki. Strauss said, "This team has tremendous strength of personality, which was a key to our success. They were able to come together, shut out all distractions and do the best they could for the USA."

The USA team total of 113.987 was nearly two points ahead of Australia, which posted a 112.036. China was third at 111.499. The Americans had the highest team score in each of the four events, and Brie Roy matched China's Huang Manda for the highest score of the evening, both posted a 9.80 on bars.

The U.S. gymnasts added three more medals in event finals. After earning two gold medals on vault and floor, she was joined on the medal podium by teammates Ray, who took a silver on bars, and Maloney tied for bronze on beam.

Kendall Beck showed great promise, but injured her knee during practice and was unable to compete all-around. She was able to contribute to the team score on vault.

The U.S.'s top athlete, Elaine Wilson, was hampered by injury and had to withdraw from one event during the team competition. The strong U.S. men's team was still able to earn the bronze medal in the team competition with a score of 163.350. China claimed the gold medal with a team score of 167.100. Australia, behind the performance of all-around gold medalist Andrei Kravtsov was second with 163.575.

Due to Wilson's injury, two-time Olympian John Roethlisberger was the only USA gymnast eligible to compete in the all-around event. Roethlisberger placed seventh with a score of 52.850. The all-around gold went to Kravtsov with a 55.300. China claimed the silver and bronze as Xing Aowei scored 55.000 and teammate Lu Bin had a 54.625.

During event finals, Yowla Icarita, one of the youngest competitors in the event, led for the bronze medal in pommel horse with a score of 9.40.

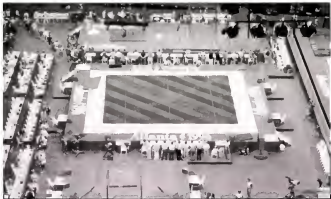
"MY GOAL WAS TO DO THE BEST I COULD FOR THE TEAM."
—MALONEY



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Do you have a health-related question to ask the USA Gymnastics Health Care Editorial Network? If so, send it to: USAQandA@usa-gymnastics.org, P.O. Box 1300, Silverdale, WA 98133.

Kelli Hall, owner and head coach of 1986 Gymnastics in Gaithersburg, Md., has incorporated a snack break into her gymnasts' practices. Kelli has coached 1992 and 1996 Olympic Gold Medalist Dominique Dawes, Goodwill Games Silver Medalist Kim Zmeskal, as well as numerous other national team members. We spoke with Kelli regarding the logistics of snack breaks and here's what she had to say.

Q How do you incorporate snack breaks into workout?

A We keep snacks in a big marked Level 5 Snacks, Level 6 Snacks, etc. The bins are located outside the locker room door and the gymnasts drop their snack bag in the respective bin prior to practice. Every group has a scheduled time to take a 15 minute snack break. After practice the gymnasts clean up the snack area.

Q How many hours into practice do you have a snack break?

A Usually 2½ - 3 hours. My elite group of gymnasts take their snack break anytime they feel they need it. I encourage them to take a snack break as they're putting on their grips or working in low bar work. My elite teams have a scheduled 10-15 minute snack break in their workout.

Q Are your gymnasts allowed to bring water bottles in the gym?

A Absolutely. Water bottles are encouraged in our gym. The gymnasts carry their water bottles from event to event. They are allowed cupboards in the gym.

Q Why did you begin snack breaks with your gymnasts and how long have you been incorporating them in your practices?

A I started snack breaks after attending a nutrition lecture. We wanted to see if it really made a difference. It definitely did so, with a little planning, we incorporated a snack break into our schedule.

Q Would you encourage other coaches to practice snack breaks?

A Definitely!

DO YOU NEED A SNACK DURING PRACTICE?

By Kim LePiane, MS, RD

ENERGY BOOSTERS: HIGH CARBOHYDRATE SNACKS TO EAT DURING PRACTICE

A few orange wedges
Handful of Cheerios
A few pieces of dried fruit
Handful of dried cranberries
Half of a banana
Half a bagel
A ginger snap cookie
Rely cereals

Sports drink
10 Slog cherries
A few bites of a sports bar
Small apple
Fruit roll-up
15 frozen grapes
A vanilla wafer
Handful of pretzels or popcorn

If your practice lasts longer than three hours, then you probably need a snack to help you perform your best. During gymnastics practice your brain needs constant energy to help you concentrate and stay motivated.

Your body needs energy to help its muscles give you power and strength.

When you run out of energy for your mind and body, you become tired and unmotivated. This will happen after two to two-and-a-half hours of practice because your glycogen stores become depleted. Pretty soon the instructions your coach is giving you do not make much sense. All you can think about is making it to the end of practice. This is also the same time when most injuries occur!

A small snack eaten after two and a half hours will help you refuel your muscles and listen to finish your practices motivated and strong! This will also help reduce your risk of injury during the last portion of practice. Plan a convenient snack that is high in carbohydrates. Cereals, breads, crackers, fruits and vegetables are all high in carbohydrates and are digested much easier than proteins and fat during exercise. Look for items easy to throw into your gym bag, that will not make a mess or spoil and are easy to eat. Try a different one each day for better taste and nutrient appeal. See the list of Energy Boosters for some ideas.

Offer a snack to your coach as well! He or she probably could use a little pick-me-up about the same time you do! Be aware of your attitude and energy levels after you've had your snack until the end of practice. You'll notice an improvement the first day.

You may also need a snack prior to starting practice if it begins more than two hours from your last meal. For example, lunch is eaten at 11:30 a.m. and practice starts at 3:00 p.m. A snack will help top off your energy reserves so that you can perform at your peak potential. Try a hard sandwich and a glass of milk, a fruit smoothie, a bean burrito, or even a baked potato topped with grated cheese and salsa. It's a good idea to include a little protein with this snack so your blood sugar levels last longer.



USA Gymnasts Win Big

at the Junior Pan American Gymnastics Championships

By Lynn French

The USA men's and women's teams won the 1998 Junior Pan American Gymnastics Championships in Houston, Texas, defeating strong teams from Brazil and Argentina for the women and Canada and Brazil for the men. USA Men's Coach Stacy Palany said, "On the first day the U.S. men glimmered and on the second day they sparkled and shined. It was a good team performance. Everyone gave an outstanding effort for the competition."

USA Women's Coach Debbie Kitzschack said, "The team did very well. Anytime you can get international experience it helps for the future."

The USA men swept the all-around competition with Zach Roberts from South Cal Gymnastics, winning the title, Paul Horne from Swiss Turners and Brett McClure from the U.S. Olympic Training Center tied for second.

Roberts said, "This is my first time to compete for the USA and it was quite an experience. It's much different than competing for my club. I had a lot of fun."

Brazil's Daniele Hypolito won the all-around title.郝森 White from Cincinnati Gymnastics took second and Oregon's Kristin Thorne took third. White said, "I'm very excited because this is a big day for me. I'm always fifth or sixth but to actually win a medal is nice. It was a great team effort. We really pulled together."

The USA Rhythmic Team won the title with a score of 84.64, outdistancing Canada and Brazil. The USA Rhythmic team included Jessica Howard, Lindsey Powell and Danielle Lind.

Coach Elisavira Angelova said, "The girls did a wonderful job and definitely deserved first place. I'm so proud of them."

In the rhythmic all-around competition, Jessica Howard from International Rhythmic Gymnastics in Jacksonville, Fla., won the title and Danielle Lind from Oregon Gymnastics Academy earned third place.

In addition to the team and all-around success, the USA gymnasts also earned 20 individual event titles in men's, women's and rhythmic gymnastics, including seven gold.

RHYTHMIC ALL-AROUND

1. Jessica Howard	85.00	1.000
2. Danielle Lind	84.64	0.980
3. Lindsey Powell	84.64	0.980

EVENT FINALS

ALL-AROUND

1. Jessica Howard	85.00	1.000
2. Danielle Lind	84.64	0.980
3. Lindsey Powell	84.64	0.980

GROUP

1. Jessica Howard	84.64	0.980
2. Lindsey Powell	84.64	0.980
3. Danielle Lind	84.64	0.980

HOOP

1. Jessica Howard	84.64	0.980
2. Lindsey Powell	84.64	0.980
3. Danielle Lind	84.64	0.980

ROBOTS

1. Jessica Howard	84.64	0.980
2. Lindsey Powell	84.64	0.980
3. Danielle Lind	84.64	0.980



From left to right: Paul Horne, Brett McClure, Zach Roberts, Debbie Kitzschack, Kristin Thorne, Morgan White, Lindsey Powell, Jessica Howard, Stacy Palany



FINAL TEAM		
MEN		
1. USA	142.900	1.000
2. Canada	140.400	0.980
3. Brazil	139.900	0.960
4. Colombia	138.900	0.940
5. Argentina	138.400	0.920
6. Mexico	138.400	0.920
7. Puerto Rico	138.400	0.920
8. Venezuela	138.400	0.920
USA Men's team: Zach Roberts, Kristin Thorne, Brett McClure, Paul Horne		
WOMEN		
1. Brazil	138.900	1.000
2. Argentina	138.400	0.980
3. Venezuela	138.400	0.980
4. Mexico	138.400	0.980
5. Colombia	138.400	0.980
6. Canada	138.400	0.980
7. USA	138.400	0.980
8. Puerto Rico	138.400	0.980
USA Women's team: Danielle Lind, Lindsey Powell, Jessica Howard		
RHYTHMIC		
1. Brazil	85.00	1.000
2. Argentina	84.64	0.980
3. Canada	84.64	0.980
4. Mexico	84.64	0.980
5. Venezuela	84.64	0.980
6. Colombia	84.64	0.980
7. USA	84.64	0.980
8. Puerto Rico	84.64	0.980

FINAL ALL-AROUND MEN

1. Zach Roberts	84.64	1.000
2. Paul Horne	84.64	0.980
3. Brett McClure	84.64	0.980

WOMEN

1. Danielle Lind	84.64	0.980
2. Lindsey Powell	84.64	0.980
3. Jessica Howard	84.64	0.980

RHYTHMIC GROUP COMPETITION

1. Jessica Howard	84.64	0.980
2. Lindsey Powell	84.64	0.980
3. Danielle Lind	84.64	0.980

"The team did very well. Anytime you can get international experience it helps for the future."

—Debbie Kitzschack

EVENT FINALS		
MEN		
ALL-AROUND		
1. Zach Roberts	84.64	1.000
2. Paul Horne	84.64	0.980
3. Brett McClure	84.64	0.980
GROUP		
1. Zach Roberts	84.64	0.980
2. Paul Horne	84.64	0.980
3. Brett McClure	84.64	0.980
HOOP		
1. Zach Roberts	84.64	0.980
2. Paul Horne	84.64	0.980
3. Brett McClure	84.64	0.980
ROBOTS		
1. Zach Roberts	84.64	0.980
2. Paul Horne	84.64	0.980
3. Brett McClure	84.64	0.980
WOMEN		
ALL-AROUND		
1. Danielle Lind	84.64	0.980
2. Lindsey Powell	84.64	0.980
3. Jessica Howard	84.64	0.980
GROUP		
1. Danielle Lind	84.64	0.980
2. Lindsey Powell	84.64	0.980
3. Jessica Howard	84.64	0.980
HOOP		
1. Danielle Lind	84.64	0.980
2. Lindsey Powell	84.64	0.980
3. Jessica Howard	84.64	0.980
ROBOTS		
1. Danielle Lind	84.64	0.980
2. Lindsey Powell	84.64	0.980
3. Jessica Howard	84.64	0.980



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SENIOR DIVISION

		COVE	VT	HB	BB	FX	TOTAL
1	Janet Thompson	Coastal	1.071	1.000	1.010	1.000	20.71
2	Olivia Gandy	Idaho	1.000	1.000	0.970	0.970	20.71
3	Kim Dwyer	Coastal	1.000	1.000	1.000	0.980	20.61
4	Sharon Lechner	Coastal	1.000	1.000	1.000	1.000	20.61
5	Kristen Schaefer	Idaho	1.000	1.000	0.980	0.980	20.60
6	Kristina York	Coastal	1.000	1.000	1.000	0.980	20.70
7	Donna Marie Foster	Idaho	1.000	1.000	1.000	1.000	21.00
8	Michelle	Idaho	1.000	1.000	1.000	1.000	21.00
9	Kate McDaniel	Coastal	1.000	1.000	1.000	1.000	21.00

	CLASS	VT	HB	BB	FX	TOTAL
10. Colleen Boyd	New York	1.000	1.000	1.000	1.000	21.00
11. Jojo Clark	Idaho	1.000	1.000	1.000	1.000	21.00
12. Anna Brown	North York	1.000	1.000	1.000	1.000	21.00
13. Joanna Lewis	Idaho	1.000	1.000	1.000	1.000	21.00
14. Anna Boyd	Idaho (Paved)	1.000	1.000	1.000	1.000	21.00
15. Anna Bradley	Idaho	1.000	1.000	1.000	1.000	21.00
16. Anna Brown	Idaho	1.000	1.000	1.000	1.000	21.00
17. Anna Brown	Idaho	1.000	1.000	1.000	1.000	21.00
18. Anna Brown	Idaho	1.000	1.000	1.000	1.000	21.00
19. Anna Brown	Idaho	1.000	1.000	1.000	1.000	21.00

NATIONAL HIGH SCHOOL GYMNASTICS CHAMPIONSHIPS

More than 120 gymnasts from 14 states competed in the National High School Gymnastics Championships in Albany, New York, today with the men's state champions and New York won the women's title! Below are the top eight gymnasts in the all-around.

Men

1	James	Idaho
2	David	Idaho
3	James	Idaho
4	James	Idaho
5	James	Idaho
6	James	Idaho
7	James	Idaho
8	James	Idaho

Women

1	James	Idaho
2	James	Idaho
3	James	Idaho
4	James	Idaho
5	James	Idaho
6	James	Idaho
7	James	Idaho
8	James	Idaho





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Photo (from left to right):
Janice Thompson, Angela Brown, Megan
Wells, and Jo Anne Stucky

	TEAM	VT	HB	BB	FX	TOTAL
11. Golden State	California	11.5	11.5	11.5	11.5	46.0
12. Los Angeles	California	11.0	11.0	11.0	11.0	44.0
13. Eastern Shore	Connecticut	10.5	11.0	11.0	11.0	43.5
14. Los Angeles	California	10.5	11.0	11.0	11.0	43.5
15. New York	New York	11.0	11.0	11.0	11.0	44.0
16. New York	New York	11.0	11.0	11.0	11.0	44.0

JUNIOR DIVISION

	TEAM	VT	HB	BB	FX	TOTAL
1. Oregon State	Oregon	12.0	12.0	12.0	12.0	48.0
2. Los Angeles	California	11.5	11.5	11.5	11.5	46.0
3. Los Angeles	California	11.0	11.0	11.0	11.0	44.0
4. Los Angeles	California	11.0	11.0	11.0	11.0	44.0
5. Los Angeles	California	11.0	11.0	11.0	11.0	44.0
6. Los Angeles	California	11.0	11.0	11.0	11.0	44.0
7. Los Angeles	California	11.0	11.0	11.0	11.0	44.0
8. Los Angeles	California	11.0	11.0	11.0	11.0	44.0
9. Los Angeles	California	11.0	11.0	11.0	11.0	44.0
10. Los Angeles	California	11.0	11.0	11.0	11.0	44.0
11. Los Angeles	California	11.0	11.0	11.0	11.0	44.0
12. Los Angeles	California	11.0	11.0	11.0	11.0	44.0
13. Los Angeles	California	11.0	11.0	11.0	11.0	44.0
14. Los Angeles	California	11.0	11.0	11.0	11.0	44.0
15. Los Angeles	California	11.0	11.0	11.0	11.0	44.0
16. Los Angeles	California	11.0	11.0	11.0	11.0	44.0
17. Los Angeles	California	11.0	11.0	11.0	11.0	44.0
18. Los Angeles	California	11.0	11.0	11.0	11.0	44.0
19. Los Angeles	California	11.0	11.0	11.0	11.0	44.0
20. Los Angeles	California	11.0	11.0	11.0	11.0	44.0

1998 NATIONAL GYMNASICS FESTIVAL

SAN ANTONIO, TEXAS • JULY 31, 1998

TEAM STANDINGS

	VT	HB	BB	FX	TOTAL
1. East	12.0	12.0	12.0	12.0	48.0
2. West	11.5	11.5	11.5	11.5	46.0
3. South	11.0	11.0	11.0	11.0	44.0
4. North	10.5	10.5	10.5	10.5	42.0

INDIVIDUAL ALL-AROUND, JUNIORS

	NAME	VT	HB	BB	FX	TOTAL
1.	Angie Baker	12.0	12.0	12.0	12.0	48.0
2.	Angie Baker	11.5	11.5	11.5	11.5	46.0
3.	Angie Baker	11.0	11.0	11.0	11.0	44.0
4.	Angie Baker	10.5	10.5	10.5	10.5	42.0
5.	Angie Baker	10.0	10.0	10.0	10.0	40.0
6.	Angie Baker	9.5	9.5	9.5	9.5	38.0
7.	Angie Baker	9.0	9.0	9.0	9.0	36.0
8.	Angie Baker	8.5	8.5	8.5	8.5	34.0
9.	Angie Baker	8.0	8.0	8.0	8.0	32.0
10.	Angie Baker	7.5	7.5	7.5	7.5	30.0
11.	Angie Baker	7.0	7.0	7.0	7.0	28.0
12.	Angie Baker	6.5	6.5	6.5	6.5	26.0
13.	Angie Baker	6.0	6.0	6.0	6.0	24.0
14.	Angie Baker	5.5	5.5	5.5	5.5	22.0
15.	Angie Baker	5.0	5.0	5.0	5.0	20.0
16.	Angie Baker	4.5	4.5	4.5	4.5	18.0
17.	Angie Baker	4.0	4.0	4.0	4.0	16.0
18.	Angie Baker	3.5	3.5	3.5	3.5	14.0
19.	Angie Baker	3.0	3.0	3.0	3.0	12.0
20.	Angie Baker	2.5	2.5	2.5	2.5	10.0

INDIVIDUAL ALL-AROUND, SENIORS

	NAME	VT	HB	BB	FX	TOTAL
1.	Angie Baker	12.0	12.0	12.0	12.0	48.0
2.	Angie Baker	11.5	11.5	11.5	11.5	46.0
3.	Angie Baker	11.0	11.0	11.0	11.0	44.0
4.	Angie Baker	10.5	10.5	10.5	10.5	42.0
5.	Angie Baker	10.0	10.0	10.0	10.0	40.0
6.	Angie Baker	9.5	9.5	9.5	9.5	38.0
7.	Angie Baker	9.0	9.0	9.0	9.0	36.0
8.	Angie Baker	8.5	8.5	8.5	8.5	34.0
9.	Angie Baker	8.0	8.0	8.0	8.0	32.0
10.	Angie Baker	7.5	7.5	7.5	7.5	30.0
11.	Angie Baker	7.0	7.0	7.0	7.0	28.0
12.	Angie Baker	6.5	6.5	6.5	6.5	26.0
13.	Angie Baker	6.0	6.0	6.0	6.0	24.0
14.	Angie Baker	5.5	5.5	5.5	5.5	22.0
15.	Angie Baker	5.0	5.0	5.0	5.0	20.0
16.	Angie Baker	4.5	4.5	4.5	4.5	18.0
17.	Angie Baker	4.0	4.0	4.0	4.0	16.0
18.	Angie Baker	3.5	3.5	3.5	3.5	14.0
19.	Angie Baker	3.0	3.0	3.0	3.0	12.0
20.	Angie Baker	2.5	2.5	2.5	2.5	10.0

RESULTS continued on page 29

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SCHEDULE

(Hours & Events Subject to Change or Cancellation)

OCTOBER

5-8	100% National Testing - East (W)	Rochester, NY
9-11	70% National Testing - West (W)	Phoenix, AZ
9-11	J & O Group Championships (R)	Dayton's Grove, IL

NOVEMBER

12-13	Future Stars National Championships (M)	Las Vegas, NV
13-15	Coaches Workshop (M)	Las Vegas, NV
13-15	USA Gymnastics Executive Committee/Board Meetings	Indianapolis, IN

DECEMBER

5-8	National 70% Training Camp (W)	Tulsa, OK
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JANUARY 1999

26	Women's Gymnastics Cup (M/W/R)	Phoenix, AZ
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FEBRUARY

16-17	USA Gymnastics Winter Cup Challenge (R)	Las Vegas, NV
13-14	Rhythmic Challenge (R)	Queens's Grove, IL
17-18	American Classic (W)	TBD

MARCH

4-8	Pan American Cup (M/W)	St. Petersburg, FL
7	International 3 on 3	
	Gymnastics Championships (M/W/R)	St. Petersburg, FL
24-27	International Team Championships (M/W Sen/Jun)	Melbourne, AU
27-28	Level 10 State Meet (R)	Various Sites
18-19	American Challenge (W)	TBD

APRIL

18	NBAA Regional (W)	Various Sites
18-19	J & O National Championships Group/Ind. (R)	Syracuse, NY
14-16	Level 9/10 Regional Championships (W)	Various Sites
17-18	Rhythmic Western Open (R)	TBD
22-24	NBAA National Championships (W)	TBD
24-25	Level 10 Regional Championships (W)	Various Sites
24-25	Rhythmic Eastern Open (R)	TBD
17-18	USA Gymnastics Collegiate Championships (M/W)	TBD
18-19	USA Gymnastics National International Tournament (W)	TBD

MAY

4-8	J & O National Championships (R)	Houston, TX
7-8	Level 9 East/West Championships (W)	TBD
14-16	J & O Level 10 National Championships (R)	TBD
21-23	USA Gymnastics Executive Committee/Board Meetings	Indianapolis, IN

JUNE

16-17	Pan American (R)	Jacksonville, FL
24-27	U.S. Rhythmic National Championships (R)	TBD
18-19	U.S. Challenge (W)	TBD

JULY

4-11	World Gymnastics (R)	Gendary, SWI
24 Aug - 1	Pan American Games (M/W/Jun)	Winnipeg, CAN
17-18	U.S. Classic/National Gymnastics Festival (W)	TBD

AUGUST

21-24	John Hancock U.S. Gymnastics Championships (M/W)	Sacramento, CA
14-16	USA Gymnastics National Congress	Sacramento, CA
17-18	USA Gymnastics National Qualifier (R)	TBD

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BLAINE WILSON WINS THREE-PEAT

By Leon Porecki

Blaine Wilson, 24, won his third national all-around title at the 1998 John Hancock U.S. Gymnastics Championships in Indianapolis, Ind., the first three-peat since Kurt Thomas accomplished the feat in 1976-78.

"I'm glad I was three in a row," said Wilson, who also won the Athlete and Sportsman of the Year award. "It matters, but now I'm looking more towards a team medal in China at the 1999 World Championships and in Sydney at the 2000 Olympic Games."

Wilson, who also won the parallel bars gold medal, was surrounded by teammates on the medal platform. Jason Gatto, 18, and Jay Thornton, 23, earned second and third all-around, making it a U.S. Olympic Training Center sweep.

USOFC Coach Ron Brant said, "It's definitely a great step forward, but my guys are not complacent. They know there's a lot of talent coming up and they have to work hard to maintain their position and to help the men's team earn a medal. We have a lot of work to do."

Gatto's second place finish is a tremendous comeback story. After having some back problems after the 1997 World Championships, Gatto was diagnosed with a stress fracture and a chronic back problem that doctors said could have come from birth. He was put on a strengthening program. While dealing with his back problem, Gatto decided to take care of a minor shoulder problem at the same time. He underwent shoulder surgery on both shoulders in January 1998.

"I feel a lot better this year," said Gatto. "I was out for about six months and got a lot stronger."

Gatto was also the only double gold medalist during event finals winning both floor and high bar with scores of 9.70 and 9.60, respectively.

When asked about the USOFC sweep in the all-around competition, Thornton said, "We feel like a college team. We all pull for each other. It's a great training environment."

Rene Mazzella of the Texas Sports Ranch was voted Coach of the Year by his peers. Mazzella's gymnasts Sean Brummond and Mike Dufkin finished fourth and sixth in the all-around. Michael Evans and Todd Thornton, who made the Junior National Teams, are also coached by Mazzella.

"I was extremely pleased with my gymnast," said Mazzella. "They all came through big and did a great job. I certainly couldn't have gotten coach of the year without those guys. It was quite an honor to get the award!"

Another highlight of the competition was Brent Klaus' front handspring double front vault that earned the first perfect 10.00 in a USA Gymnastics National Championships competition during event finals. Needless to say, Klaus won the vaulting event.

"I was very surprised about my 10 on the vault," said Klaus. "I'm already pleased. I was nervous going into the competition and I'm excited about my vault." Klaus proved the vault was no fluke when he nailed it for a second time during all-around finals and scored 9.925, just shy of a perfect score.

John Hancock

U.S. GYMNASTICS
CHAMPIONSHIPS



Blaine Wilson

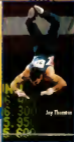


Jason Gatto



After posting the winning score 9.575 on parallel bars, two-time Olympian Ronkhsberger suffered a knee injury during vault and, two events later, had to scratch from the competition. Preliminary examination indicated that he suffered a tear of the anterior cruciate ligament in his right knee. Ronkhsberger was going for his fifth national all-around title.

University of Washington's Jeff Johnson scored a 9.65 to win the rings title, narrowly edging out defending national champion Wilson, who scored a 9.55. Johnson is a rings specialist and displayed great strength parts during his routine.



Jay Thornton

1998 JOHN HANCOCK U.S. GYMNASTICS CHAMPIONSHIPS

JUNIOR COMBINED—PAGE 24

KRISTEN MALONEY ON A WINNING STREAK

By Leon Ptaszek

Kristen Maloney continued her string of victories, winning the all-around title by nearly a full point at the John Hancock U.S. Gymnastics Championships at Market Square Arena in Indianapolis, August 19-22. Maloney is the first Parkettes' gymnast to win the title since Jennifer Sey in 1986.

"I'm speechless," said the 17-year-old champion from Pen Argyl, Pa. "It's really exciting."

Maloney has climbed the gymnastics ladder of success. In 1995 she took 26th all-around at Championships, in 1996 she was 14th, in 1997 she was fourth, and in 1998 she won the title, along with the help of her coaches Bill and Debra Strauss and Jack Carter. This senior in high school also won the Athlete of the Year award for the second consecutive year and her teammates voted her Sports-woman of the Year as well.

Since 1997 Maloney has led every U.S. team and individual competition with the highest scores. Her contributions this year included American Cup, International Team Championships, Senior Pacific Alliance and Goodwill Games.

Vanesa Adler, 16, is from Canyon Country, Calif., and trains at Gladders with her coaches Steve and Beth Rybacke. Adler, the defending national champion, had difficulties on bars during preliminaries and landed in such after Thursday's competition. However, she came back strong in finals, scoring a 9.80 on bars and climbed to second all-around.

"I was disappointed with Thursday's competition," said Adler. "I fell twice from bars and that's not how I train. I was glad I came back strong during finals."

Adler also displayed her new floor routine complete with a double lay out, punch front double stag jump for her first pass and a dance triple full as the dismount. Adler scored a 9.85 during finals to win the floor title.

Olympic Gold Medalist Dominique Moceanu fought through a sore knee to finish third all-around and win both vault and beam during event finals. "I'm happy with being in the top three," said Moceanu. "It was just amazing being able to compete. It was a test to see how tough I was."

Sixteen year old Moceanu, who has grown from 4'5" to 5'0" since the 1996 Games, displayed a new maturity during the competition. She showed a new floor routine and a new coach, Luminia Moceanu from Romania.

"We worked hard the last six months," said Moceanu. "People don't know how much I've put into it. I've improved a lot of things. I'm doing stuff I never did before in my life."

Another great comeback story is 17-year-old Jennie Thompson. Thompson, who along with Moceanu made the Junior National Team at



Dominique Moceanu



Vanesa Adler



Kristen Maloney

age 10, took fourth all-around in the competition. Thompson trains at Cincinnati's Gymnastics Academy with coach Mary Lee Tracy.

"Overall I think I did pretty well," said Thompson. "I hit eight or nine routines, although I was a little shaky on beam. I'm happy when I finished."

A newcomer to the senior level, Blay Ray from Hill's Gymnastics in Gettysburg, Md., finished fifth all-around and won bars with a score of 9.825. Sixteen year old Ray, from Columbia, Md., finished fourth all-around at the 1997 Junior National Championships.

A highlight to this year's Championships was watching 22 year old Kim Zmeskal make her successful comeback to the sport. Zmeskal, who was the first American to win the World Championships title, finished 11th all-around and secured a spot on the Senior Women's National Team.

"I had a six year break since my last Championships," said Zmeskal. "I'm enjoying gymnastics more. I applied all those girls for doing amazing gymnastics. Competing tonight makes me excited. I loved being out there."

1998 JOHN HANCOCK U.S. GYMNASTICS CHAMPIONSHIPS

JUNIOR COVERAGE NEXT PAGE

JUNIOR MEN

The junior men's competition was held on Wednesday afternoon. Any junior whose score was in the top 36 all-around, among the juniors and seniors, were eligible to enter the finals, held on Friday evening.

Nine junior men qualified to enter the all-around finals. According to the rules of the competition, the junior team would not be named until after the finals competition.

Zach Roberts from Mission Valley YMCA and coached by Steve Butcher won the 14-15 age group division and Ray Shovier from Cypress Gymnastics won the 16-18 age group. Shovier, coached by Bill Foster, was last year's 14-15 year-old champion.

Shovier was asked to comment on being a two-time junior national champion. He said, "That was my plan coming in. I had doubts at one point in the competition but things started to fall back into place. It feels great."

Besides Shovier, the other Junior National team members in the 16-18 division are Christopher Zimmerman, Buffalo Grove, Michael Ashe, Atlanta School, Michael Swais, Tucson Sports Ranch, Adam Barabanks, Gold Cup, Daniel Funnay, Atlanta Gymnastics, Josh Lendus, Bart Conner, and Shannon Connors, GYM Force.

In addition to Roberts the other Junior National team members in the 14-15 division include Paul Harris, Swiss Turners, Todd Thornton, Texas Sports Ranch, Morgan Harris, Swiss Turners, Josh Stevens, Bart Conner, Randy Monahan, Brunner's Gymnastics, and Jamey Hostie, Tim Doggett's.

JUNIOR WOMEN

Morgan White from Glendora Gymnastics earned the all-around title for the junior women in a close race with Ashley Postell from Capital Gymnastics in Virginia.

In fact, Postell was the leader after the preliminary competition scoring 37.462 to White's 37.362. However, White came back strong in finals, scoring a 9.80 on bars to clinch the title—74.462 to Postell's 74.349.

Fifteen-year-old White said, "I can't believe it. I'm so excited. It has been my goal all year. I thought I lost it after vault but I'm glad I won."

Twelve-year-old Postell said, "I was proud of myself. Even though I got second, I'm still happy. I came in to the meet prepared and I just wanted to make the National Team."

White is coached by Mary Lee Tracy and Postell is coached by Taliona Penskova.

Postell's Kristel Maslov, 12, took third all-around with a score of 73.207. Maslov was the top all-around gymnast during the finals competition, but after combining preliminary and final scores she ranked third.

Residing out the Junior National Team includes: Monique Changie, Capital Va.; Angela Beem, Bart Conner, Janice Cox, Southern Indiana Gymnastics; Michelle Emmons, Cypress; Britany Thorne, Cypress; Breasha Pruitt, Cypress; Katie Hanson, Capital Va.; Annabeth Eberle, Stans; Jennifer Orlando, Koorali; Stephanie Carter, Rochester; Jackie Nguyen, West Valley; Tasha Schwilke, GYM Gals; Ashlee Bradley, Cincinnati; Asuka Fries, Dynamics; Marie Fjorholm, Cincinnati; Katie Hardman, Cypress; and Hylon Dadd, Cascade Elite.

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MEET THE NATIONAL TEAM

By Leon Fouzok

Twenty women and 14 men qualified to the USA Senior National Team at the 1998 John Hancock U.S. Gymnastics Championships in Indianapolis, Ind. Those gymnasts will represent the United States in national and international competitions during 1998 and 1999.

The average age of the Women's Senior National Team gymnasts is 16.5, while the average age of the men is 22.2.

A total of 16 states are represented by the members of the USA Senior Men's and Women's National Team. Six list Texas as their home state while five members have ties to California. There are three each gymnasts from Connecticut, Ohio, and Virginia, two from Illinois, Maryland, Pennsylvania, and Wisconsin, and one each from Arkansas, Arizona, Florida, Georgia, North Carolina, Oregon and Oklahoma.

Below are a few facts on each of these outstanding gymnasts including where they live and train, how old they are, where they go to school and what they like to do in their spare time.



1

BLAINE WILSON

HOMETOWN: Columbus, Ohio

RESIDENCE: Colorado Springs, Colo.
BIRTH DATE: Aug. 3, 1979
AGE: 20

CLUB: U.S. Olympic Training Center
COACH: Ron Brant & Vicky Markish
SEASON GYMNASTICS: 1997 (age 21)

FAVORITE EVENT: Rings

HOBBIES: Playing soccer, hiking, juggling

2

JASON GATSON

HOMETOWN: Mesa, Ariz.
RESIDENCE: Colorado Springs, Colo.

BIRTH DATE: June 25, 1978
AGE: 20

CLUB: U.S. Olympic Training Center
COACH: Ron Brant & Vicky Markish
SEASON GYMNASTICS: 1998 (age 21)

FAVORITE EVENT: All events

HOBBIES: Swimming, basketball, drawing, computers

3

LAY THORNTON

HOMETOWN: Augusta, Ga.
RESIDENCE: Colorado Springs, Colo.

BIRTH DATE: Sept. 9, 1974; **AGE:** 24 on Sept. 9

CLUB: U.S. Olympic Training Center

COACH: Ron Brant & Vicky Markish

SCHOOL: Graduated from Univ. of Iowa

SEASON GYMNASTICS: 1992 (age 21)

FAVORITE EVENT: High bar, floor exercise

HOBBIES: Reading, playing guitar



4

SEAN TOWNSEND

HOMETOWN: Dallas, Texas
RESIDENCE: Houston, Texas

BIRTH DATE: Jan. 26, 1979
AGE: 19

CLUB: Texas Sports Ranch
COACH: Boris Morzillo & Brian Belovick

SEASON GYMNASTICS: 1998 (age 19)

FAVORITE EVENT: High bar

HOBBIES: Playing pool, going out with friends



5

STEPHEN MCCAIN

HOMETOWN: Houston, Texas
RESIDENCE: Los Angeles, Calif.

BIRTH DATE: January 9, 1974
AGE: 24

CLUB: UCLA; **COACH:** Doug Mowbray; **SCHOOL:** UCLA

SEASON GYMNASTICS: 1994 (age 20)

FAVORITE EVENT: High bar

HOBBIES: Reading, reading, mountain biking, juggling, computers



6

MIKE BUTRA

HOMETOWN: Dallas, Texas
RESIDENCE: Houston, Texas

BIRTH DATE: Feb. 4, 1978
AGE: 20

CLUB: Texas Sports Ranch
COACH: Boris Morzillo

SEASON GYMNASTICS: 1994 (age 21)

FAVORITE EVENT: Pommel horse

HOBBIES: Going out with friends



SENIOR MEN'S NATIONAL TEAM



7

TRENT WELLS

HOMETOWN: Kewanee, Oregon
RESIDENCE: Berkeley, Calif.
BIRTH DATE: July 22, 1964
AGE: 24
CLUB: University of California, Berkeley
COACH: Terry Weber
SCHOOL: Graduated in 1978 from Univ. of Calif., Berkeley
ISSUE SYNOPSIS: 1984 (page 18)
FAVORITE EVENT: High bar
HOBBS: Traveling, outdoor sports such as hiking, mountain climbing, rock



8

CHRIS YOUNG

HOMETOWN: Washington, D.C.
RESIDENCE: Winston-Salem, N.C.
BIRTH DATE: February 1, 1972
AGE: 23
CLUB: U.S. Olympic Training Center
COACH: Ben Bond & Wally Marshall
ISSUE SYNOPSIS: 1984 (page 18)
FAVORITE EVENT: High bar
HOBBS: Golf, basketball, all sports



9

AUSTIN TOMAN

HOMETOWN: Wallingford, Conn.
RESIDENCE: Ann Arbor, Mich.
BIRTH DATE: May 15, 1970
AGE: 19
CLUB: University of Michigan
COACH: Rust Gahler & Mike Burns
SCHOOL: University of Michigan
ISSUE SYNOPSIS: 1984 (page 21)
FAVORITE EVENT: High bar and parallel bars
HOBBS: Golf



10

GUARD YOUNG

HOMETOWN: Glendale, Calif.
RESIDENCE: Fresno, Calif.
BIRTH DATE: June 3, 1972
AGE: 21
CLUB: Jayman Young University
COACH: Roberto Salazar
ISSUE SYNOPSIS: 1987 (page 10)
FAVORITE EVENT: Personal lives
HOBBS: Ballroom dancing, playing guitar and playing soccer with his BYU teammates



11

GARRY DENK


HOMETOWN: Northbrook, Ill.
RESIDENCE: Colorado Springs, Colo.
BIRTH DATE: July 14, 1972
AGE: 24
CLUB: U.S. Olympic Training Center
COACH: Ben Bond & Wally Marshall
SCHOOL: Graduated in 1994 from University of Iowa
ISSUE SYNOPSIS: 1978 (page 4)
FAVORITE EVENT: Rings
HOBBS: Playing golf, water-skiing, boating



12

JIM FORDY

HOMETOWN: Madison, Ill.
RESIDENCE: Los Angeles, Calif.
BIRTH DATE: April 2, 1949
AGE: 35
CLUB: UCLA
COACH: Doug Macey
SCHOOL: Graduated in 1977 from UCLA
ISSUE SYNOPSIS: 1978 (page 6)
FAVORITE EVENT: High bar
HOBBS: Playing sports, riding motorcycles



13

MICHAEL MORAN

HOMETOWN: Windsor, Conn.
RESIDENCE: Philadelphia, Pa.
BIRTH DATE: June 22, 1966
AGE: 22
CLUB: Temple University
COACH: Fred Tavel
SCHOOL: Temple University
ISSUE SYNOPSIS: 1981 (page 9)
FAVORITE EVENT: High bar
HOBBS: Reading, listening to music




14

DAVID KRUSE

HOMETOWN: Tempe, Calif.
RESIDENCE: Colorado Springs, Colo.
BIRTH DATE: July 12, 1969
AGE: 23
CLUB: U.S. Olympic Training Center
COACH: Ben Bond & Wally Marshall
SCHOOL: Graduated in 1997 from Univ. of Calif. at Berkeley
ISSUE SYNOPSIS: 1984 (page 11)
FAVORITE EVENT: High bar
HOBBS: Golf, rock climbing, reading medical literature




1 KRISTEN MALONEY

HOMETOWN & RESIDENCE: Pro Argyl, Pa.
BIRTH DATE: March 16, 1981
AGE: 17
CLUB: Pukator
COACH: Bill Banta, Sharon & Jack Carter
SCHOOL: Pro Argyl High School
ISSAN GYMNASTICS: 1987 (age 6)
FAVORITE EVENT: Floor exercise
HOBBIES: Shopping, going out with friends



VANESSA ATLER

HOMETOWN & RESIDENCE: Dayton, Ga.
BIRTH DATE: Feb. 17, 1982
AGE: 16
CLUB: Charter Oak Riders
COACH: Ruth & Steve Elywell
SCHOOL: Learning Post
ISSAN GYMNASTICS: 1987 (age 13)
FAVORITE EVENT: Balance beam and uneven bars
HOBBIES: Reading, collecting and shopping at the mall



3 DOMINIQUE MOLEANO

HOMETOWN: Hollywood, Cal.
RESIDENCE: Houston, Texas
BIRTH DATE: Sept. 30, 1981
AGE: 17 on Sept. 28
CLUB: Houston Gymnastics, Inc.
COACH: Lucinda Wilson
SCHOOL: Bartlett Christian
ISSAN GYMNASTICS: 1984 (age 13)
FAVORITE EVENT: Floor exercise, balance beam
HOBBIES: Swimming, reading, shopping, playing on her computer



HOMETOWN: Columbus, Ohio
RESIDENCE: Columbus, Ohio
BIRTH DATE: July 25, 1981
AGE: 17
CLUB: Columbus Gymnastics Academy
COACH: Mary Lee Tracy & Tracy Elliott
SCHOOL: Columbus High School

ISSAN GYMNASTICS: 1988 (age 1)
FAVORITE EVENT: All events
HOBBIES: Shopping, music, computers, roller skating, more



4 JENNIE THOMPSON

5 ELISE RAY

HOMETOWN & RESIDENCE: Columbus, Md.
BIRTH DATE: Feb. 4, 1982
AGE: 16
CLUB: Mif's Angels
COACH: Kelli Hill
SCHOOL: White Lake High School
ISSAN GYMNASTICS: 1984 (age 4)
FAVORITE EVENT: Bars
HOBBIES: Shopping, arts and crafts, going to the movies, spending time with family



6 JEANNETTE ANTOLIN

HOMETOWN: Franklin, Ga.
RESIDENCE: Washington Beach, Ga.
BIRTH DATE: Oct. 5, 1981
AGE: 17 on Oct. 5
CLUB: SSGS
COACH: Don Pritts & Rita Whitson-Jackson
SCHOOL: Marietta High School
ISSAN GYMNASTICS: 1984 (age 13)
FAVORITE EVENT: Bars
HOBBIES: Watching T Law Day, dancing, hanging out with friends, shopping, collecting, playing cards



7 JEANA RICE

HOMETOWN: Longwood, Fla.
RESIDENCE: Gaithersburg, Md.
BIRTH DATE: Nov. 25, 1981
AGE: 16
CLUB: Mif's Angels
COACH: Kelli Hill
SCHOOL: Gaithersburg High School
ISSAN GYMNASTICS: 1982 (age 12)
FAVORITE EVENT: Floor exercise
HOBBIES: Shopping, swimming, spending time with friends, listening to music



HOMETOWN & RESIDENCE: Wyoming, Ohio
BIRTH DATE: Jan. 25, 1983; **AGE:** 17

CLUB: Columbus Gymnastics Academy
COACH: Mary Lee Tracy & Tracy Elliott
SCHOOL: Wyoming High School
ISSAN GYMNASTICS: 1988 (age 13)
FAVORITE EVENT: uneven bars
HOBBIES: Shopping, roller skating, hanging out with friends



8 ALYSSA BECKERMAN

SENIOR WOMEN'S NATIONAL TEAM



JAMIE DANTESCHAN

HOMETOWN & RESIDENCE:
Palm Beach, Fla.
BIRTH DATE: May 2, 1983, Age: 31

CLUB: Charter Club (Italy)
COACHES: Bob & Steve Elliott
SCHOOL: San Diego High School
BEGAN GYMNASTICS: 1988 (age 17)
FAVORITE EVENT: Vaulting

HOBBS: Working out, shopping, meeting, going to movies

CORY FRITZINGER

HOMETOWN & RESIDENCE:
Virginia Beach, Va.
BIRTH DATE: March 27, 1982

CLUB: Panther
COACHES: Jim & Steve Walker
SCHOOL: Langley High School
BEGAN GYMNASTICS: 1992 (age 10)
FAVORITE EVENT: Bars
HOBBS: Music

RIM ZMESKAL

HOMETOWN & RESIDENCE:
Houston, Texas
BIRTH DATE: February 6, 1978

CLUB: Glendawn Gymnastics Academy
COACHES: Mary Lou Tracy & Steve Elliott
BEGAN GYMNASTICS: 1982 (age 11)
FAVORITE EVENT: Floor exercise
HOBBS: Listening to music, going to the movies, playing with our four minnie Dore dogs, a kitten and a chinchilla

ERINN DOCKLEY

HOMETOWN & RESIDENCE:
Guthrieburg, Pa.
BIRTH DATE: July 23, 1982

CLUB: MP's Angels
COACH: Jeff Hill & Jim Ruddy
SCHOOL: Guthrieburg High School
BEGAN GYMNASTICS: 1987 (age 11)
FAVORITE EVENT: Balance beam
HOBBS: Collecting pins

MARLINE STEPHENS

HOMETOWN & RESIDENCE:
Dear Sea, Texas
BIRTH DATE: August 2, 1982

CLUB: Cypress Academy
COACHES: Bruce Paulik, Debbie Kalkbrenner & Jeff Hill
SCHOOL: Westfield High School
BEGAN GYMNASTICS: 1988 (age 12)
FAVORITE EVENT: Vault
HOBBS: Taking on the phone, shopping, talking and listening to music

14

BRITTANY SMITH

HOMETOWN & RESIDENCE:
Houston, Texas
BIRTH DATE: Oct. 30, 1983

CLUB: Glendawn Gymnastics
COACHES: Mary Lou Tracy & Steve Elliott
SCHOOL: Fairfield High School
BEGAN GYMNASTICS: 1987 (age 11)
FAVORITE EVENT: Beam
HOBBS: Drawing, swimming, going to movies with friends

BREANNE BOUTHERFORD

HOMETOWN & RESIDENCE:
Stanbury, Conn.
BIRTH DATE: Nov. 12, 1981

CLUB: New England
COACHES: Barbara Chapman & Brian Johnson
SCHOOL: Stanbury High School
BEGAN GYMNASTICS: 1983 (age 12)
FAVORITE EVENT: Beam
HOBBS: Listening to music, shopping

HOMETOWN & RESIDENCE:

HOMETOWN & RESIDENCE:
Allentown, Pa.
BIRTH DATE: May 1, 1982

CLUB: River City
COACHES: Jim & Steve Walker
SCHOOL: Summit Valley High School
BEGAN GYMNASTICS: 1987 (age 12)
FAVORITE EVENT: Beam
HOBBS: Collecting key chains

16

SHEEHAN
LEWLEY

CHELSA BYRD

HOMETOWN & RESIDENCE:
North Little Rock, Ark.
BIRTH DATE: August 11, 1983

CLUB: River City
COACHES: Jim & Steve Walker
SCHOOL: Summit Valley High School
BEGAN GYMNASTICS: 1988 (age 11)
FAVORITE EVENT: Vault
HOBBS: Reading, going to movies, listening to music, working

18

BETSY HAMM

HOMETOWN & RESIDENCE:
Palm Beach, Fla.
BIRTH DATE: June 3, 1982

CLUB: University of Florida
COACHES: Bruce Hartman, Jeff Meckell & Bob Moore
SCHOOL: University of Florida
BEGAN GYMNASTICS: 1988 (age 12)
FAVORITE EVENT: Balance beam
HOBBS: Eating, reading, collecting pins

KATIE MCFARLAND

HOMETOWN & RESIDENCE:
Virginia Beach, Va.
BIRTH DATE: June 23, 1982

CLUB: Panther
COACHES: Jim & Steve Walker
SCHOOL: Langley High School
BEGAN GYMNASTICS: 1990 (age 10)
FAVORITE EVENT: All events
HOBBS: Shopping

19

HOMETOWN & RESIDENCE:

HOMETOWN & RESIDENCE:
Portland, Me.
BIRTH DATE: March 8, 1981

CLUB: Seabrook
COACHES: Jim & Steve Walker
SCHOOL: Wilton High School
BEGAN GYMNASTICS: 1988 (age 12)
FAVORITE EVENT: Beam
HOBBS: Shopping, spending time with family and friends

20

JENNIFER
CARROW



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JUNIOR WOMEN'S EVENT FINALS

EVENT	SCORE
1. Asuka Iwano Jpn. Team	13.35
2. Arisa Nogawa Jpn. Indiv.	13.30
3. Ashley Powell Canada	13.25
UNEVEN BARS	
1. Ashley Powell Canada	13.35
2. Morgan White Canada	13.30
3. Morgan Dwyer Canada	13.25
BALANCE BEAM	
1. Ashley Powell Canada	13.30
2. Morgan White Canada	13.25
3. Michelle Crocker Japan	13.20
FLOOR EXERCISE	
1. Morgan White Canada	13.30
2. Morgan Dwyer Canada	13.25
3. Ashley Powell Canada	13.20

JUNIOR WOMEN'S ALL-AROUND FINALS

NAME/TEAM	VT	UB	BB	FT	AA
1. Wako, Japan Japan	9.60	9.35	9.15	9.40	37.50
2. Asuka Iwano Jpn. Team	9.75	9.40	9.25	9.55	37.95
3. Toshi, Arisa Japan	9.15	9.35	9.00	9.20	36.70
4. Toshi, Arisa Japan	9.40	9.15	9.25	9.15	36.95
5. Asuka Iwano Jpn. Team	9.10	9.45	9.10	9.50	36.15
6. Toshi, Arisa Japan	9.40	9.25	9.10	9.20	36.10
7. Toshi, Arisa Japan	9.10	9.30	9.00	9.20	35.60
8. Toshi, Arisa Japan	9.15	9.45	9.15	9.20	35.95
9. Toshi, Arisa Japan	9.10	9.30	9.10	9.10	35.60
10. Toshi, Arisa Japan	9.10	9.30	9.10	9.10	35.60
11. Toshi, Arisa Japan	9.10	9.30	9.10	9.10	35.60
12. Toshi, Arisa Japan	9.10	9.30	9.10	9.10	35.60
13. Toshi, Arisa Japan	9.10	9.30	9.10	9.10	35.60
14. Toshi, Arisa Japan	9.10	9.30	9.10	9.10	35.60
15. Toshi, Arisa Japan	9.10	9.30	9.10	9.10	35.60
16. Toshi, Arisa Japan	9.10	9.30	9.10	9.10	35.60
17. Toshi, Arisa Japan	9.10	9.30	9.10	9.10	35.60
18. Toshi, Arisa Japan	9.10	9.30	9.10	9.10	35.60
19. Toshi, Arisa Japan	9.10	9.30	9.10	9.10	35.60
20. Toshi, Arisa Japan	9.10	9.30	9.10	9.10	35.60

JUNIOR MEN'S EVENT FINALS

EVENT	SCORE
1. Asuka Iwano Jpn. Team	13.35
2. Asuka Iwano Jpn. Team	13.30
3. Asuka Iwano Jpn. Team	13.25
4. Asuka Iwano Jpn. Team	13.20
5. Asuka Iwano Jpn. Team	13.15
6. Asuka Iwano Jpn. Team	13.10
7. Asuka Iwano Jpn. Team	13.05
8. Asuka Iwano Jpn. Team	13.00
9. Asuka Iwano Jpn. Team	12.95
10. Asuka Iwano Jpn. Team	12.90
11. Asuka Iwano Jpn. Team	12.85
12. Asuka Iwano Jpn. Team	12.80
13. Asuka Iwano Jpn. Team	12.75
14. Asuka Iwano Jpn. Team	12.70
15. Asuka Iwano Jpn. Team	12.65
16. Asuka Iwano Jpn. Team	12.60
17. Asuka Iwano Jpn. Team	12.55
18. Asuka Iwano Jpn. Team	12.50
19. Asuka Iwano Jpn. Team	12.45
20. Asuka Iwano Jpn. Team	12.40

JUNIOR MEN'S NATIONAL TEAM

CLASS I ELITE JUNIORS 16-18

NAME/TEAM	VT	UB	BB	FT	AA
1. Asuka Iwano Jpn. Team	9.60	9.35	9.15	9.40	37.50
2. Asuka Iwano Jpn. Team	9.75	9.40	9.25	9.55	37.95
3. Asuka Iwano Jpn. Team	9.10	9.45	9.10	9.50	36.15
4. Asuka Iwano Jpn. Team	9.15	9.40	9.15	9.20	35.90
5. Asuka Iwano Jpn. Team	9.10	9.30	9.10	9.10	35.60
6. Asuka Iwano Jpn. Team	9.10	9.30	9.10	9.10	35.60
7. Asuka Iwano Jpn. Team	9.10	9.30	9.10	9.10	35.60
8. Asuka Iwano Jpn. Team	9.10	9.30	9.10	9.10	35.60
9. Asuka Iwano Jpn. Team	9.10	9.30	9.10	9.10	35.60
10. Asuka Iwano Jpn. Team	9.10	9.30	9.10	9.10	35.60
11. Asuka Iwano Jpn. Team	9.10	9.30	9.10	9.10	35.60
12. Asuka Iwano Jpn. Team	9.10	9.30	9.10	9.10	35.60
13. Asuka Iwano Jpn. Team	9.10	9.30	9.10	9.10	35.60
14. Asuka Iwano Jpn. Team	9.10	9.30	9.10	9.10	35.60
15. Asuka Iwano Jpn. Team	9.10	9.30	9.10	9.10	35.60
16. Asuka Iwano Jpn. Team	9.10	9.30	9.10	9.10	35.60
17. Asuka Iwano Jpn. Team	9.10	9.30	9.10	9.10	35.60
18. Asuka Iwano Jpn. Team	9.10	9.30	9.10	9.10	35.60
19. Asuka Iwano Jpn. Team	9.10	9.30	9.10	9.10	35.60
20. Asuka Iwano Jpn. Team	9.10	9.30	9.10	9.10	35.60

CLASS II ELITE JUNIORS 14-15

NAME/TEAM	VT	UB	BB	FT	AA
1. Asuka Iwano Jpn. Team	9.60	9.35	9.15	9.40	37.50
2. Asuka Iwano Jpn. Team	9.75	9.40	9.25	9.55	37.95
3. Asuka Iwano Jpn. Team	9.10	9.45	9.10	9.50	36.15
4. Asuka Iwano Jpn. Team	9.15	9.40	9.15	9.20	35.90
5. Asuka Iwano Jpn. Team	9.10	9.30	9.10	9.10	35.60
6. Asuka Iwano Jpn. Team	9.10	9.30	9.10	9.10	35.60
7. Asuka Iwano Jpn. Team	9.10	9.30	9.10	9.10	35.60
8. Asuka Iwano Jpn. Team	9.10	9.30	9.10	9.10	35.60
9. Asuka Iwano Jpn. Team	9.10	9.30	9.10	9.10	35.60
10. Asuka Iwano Jpn. Team	9.10	9.30	9.10	9.10	35.60
11. Asuka Iwano Jpn. Team	9.10	9.30	9.10	9.10	35.60
12. Asuka Iwano Jpn. Team	9.10	9.30	9.10	9.10	35.60
13. Asuka Iwano Jpn. Team	9.10	9.30	9.10	9.10	35.60
14. Asuka Iwano Jpn. Team	9.10	9.30	9.10	9.10	35.60
15. Asuka Iwano Jpn. Team	9.10	9.30	9.10	9.10	35.60
16. Asuka Iwano Jpn. Team	9.10	9.30	9.10	9.10	35.60
17. Asuka Iwano Jpn. Team	9.10	9.30	9.10	9.10	35.60
18. Asuka Iwano Jpn. Team	9.10	9.30	9.10	9.10	35.60
19. Asuka Iwano Jpn. Team	9.10	9.30	9.10	9.10	35.60
20. Asuka Iwano Jpn. Team	9.10	9.30	9.10	9.10	35.60

Note: All-around rankings were based on preliminary and final scores combined. Score given in parentheses represents the quality for the event, plus the number of successful skills and elements, less deduction points.





U.S. CHALLENGE

JULY 11-12 IN MONTEVILLE, NEW JERSEY

COMBINED ALL-AROUND STANDINGS

CHAMPIONS		
ALL-AROUND	Score	Points
1. Kelly Simons	59.00	72.00
2. Melissa Beale	58.00	69.00
JUNIOR		
ALL-AROUND	Score	Points
1. Lauren Lee	57.00	72.00
2. Kelly Simons	56.00	72.00
3. Elena Williams	55.00	72.00
4. Kelly Simons	54.00	72.00
5. Kelly Simons	53.00	72.00
6. Kelly Simons	52.00	72.00
7. Kelly Simons	51.00	72.00
8. Kelly Simons	50.00	72.00
9. Kelly Simons	49.00	72.00
10. Kelly Simons	48.00	72.00
11. Kelly Simons	47.00	72.00
12. Kelly Simons	46.00	72.00
13. Kelly Simons	45.00	72.00
14. Kelly Simons	44.00	72.00
15. Kelly Simons	43.00	72.00
16. Kelly Simons	42.00	72.00
17. Kelly Simons	41.00	72.00
18. Kelly Simons	40.00	72.00
19. Kelly Simons	39.00	72.00
20. Kelly Simons	38.00	72.00
21. Kelly Simons	37.00	72.00
22. Kelly Simons	36.00	72.00
23. Kelly Simons	35.00	72.00
24. Kelly Simons	34.00	72.00
25. Kelly Simons	33.00	72.00
26. Kelly Simons	32.00	72.00
27. Kelly Simons	31.00	72.00
28. Kelly Simons	30.00	72.00
29. Kelly Simons	29.00	72.00
30. Kelly Simons	28.00	72.00
31. Kelly Simons	27.00	72.00
32. Kelly Simons	26.00	72.00
33. Kelly Simons	25.00	72.00
34. Kelly Simons	24.00	72.00
35. Kelly Simons	23.00	72.00
36. Kelly Simons	22.00	72.00
37. Kelly Simons	21.00	72.00
38. Kelly Simons	20.00	72.00
39. Kelly Simons	19.00	72.00
40. Kelly Simons	18.00	72.00
41. Kelly Simons	17.00	72.00
42. Kelly Simons	16.00	72.00
43. Kelly Simons	15.00	72.00
44. Kelly Simons	14.00	72.00
45. Kelly Simons	13.00	72.00
46. Kelly Simons	12.00	72.00
47. Kelly Simons	11.00	72.00
48. Kelly Simons	10.00	72.00
49. Kelly Simons	9.00	72.00
50. Kelly Simons	8.00	72.00
51. Kelly Simons	7.00	72.00
52. Kelly Simons	6.00	72.00
53. Kelly Simons	5.00	72.00
54. Kelly Simons	4.00	72.00
55. Kelly Simons	3.00	72.00
56. Kelly Simons	2.00	72.00
57. Kelly Simons	1.00	72.00
58. Kelly Simons	0.00	72.00
59. Kelly Simons	0.00	72.00
60. Kelly Simons	0.00	72.00

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GREGORY HOGAN HARRINGTON HILLS, ALABAMA

Gregory, 2 years in Class VI, placed 1st in Junior's Gymnastics Academy during the 1997-98 season. As the State Championships for Junior's first all-around and was first in all events. Gregory also took first place in all-around in all six of his other competitions during this year. Gregory takes his time. His plays were and is an accomplished in the future forward to competing into Class VII next year.

Forces in the gym



AMARA DEFILIPPO GARDENA, CALIFORNIA

Amara, 10, has been an gymnast for approximately half year. She took second place in vault and third place in beam at the State Championships held in Long Beach, California on April 20, 1998. With a 55.65 score in the all-around, she took sixth place and vault. Amara is coached by Scott and Thana Mendenhall at Sunnylands Gymnastics Academy in Redlands, California. She's looking forward to next season as a Level IV.

JEENIE JO SHANK FALLS CHURCH, VIRGINIA

Jeenie, 10, is a Level II gymnast. At the Level II Virginia State Meet, Jeenie took first all-around with scores of 23.45, and first on beam and floor. Jeenie and her teammates placed first in the team competition. At the Capital Hill meet, Jeenie took first all-around with a 55.85 on her top group and has been placed first in the team competition. Jeenie coached by Nelson/Peterson (Dillon Mendenhall) and Vince Morris at Capital Gymnastics in Burke. Jeenie will advance to the I & II Elite group.

CORIANNE DOROUGH FERDINAND, MARYLAND

Corianne, 19, brought home the gold in her first year of competition in the 1998 Level 4 State Meet. Corianne (She placed second all-around, third on beam, fourth on bars and fifth on vault). She took part in the 1997's leading her first year in the gold category. Corianne currently is a Level 4 at Inland's Gymnastics Training Center and is coached by Tim Richard, Judy Bouch and Mike Harris.

STACIE & STEPHANIE WHITTEN WATERVILLE, MAINE

Stacie (14) is 4 years old and competed at Level 3 in the 1992 program in Waterville. She placed third, fourth and fifth in almost all of her competitions, competing against first and second place. Stephanie, 3, is a Level 2 at State Valley in Auburn. She spent about five Level 1 but has to wait and she's 10 years old to compete in that level. In her state meet she took third on vault and bar, fourth on beam and fifth on floor.



KAYLA STARK BOONVILLE, VIRGINIA

Kayla, 11, is a member of Riverside Gymnastics Academy. She competed in the 1998 season and took in July. She just turned in a Level 4. She placed second in her first meet for the 4-6 year olds. The Virginia State Championships, only the third competition, she was the all-around by placing first in her season's best score. Kayla and second in the all-around. Kayla loves to perform to music like three brothers, Goshawk, Kame and Kamek.



ANTHONY L. MAY JR. AUSTIN, TEXAS

Anthony, 17, trains at Capital Gymnastics. Anthony placed sixth all-around in the 1998 Gymnastics National Junior State meet in Columbus, Georgia at the Olympic Training Center. In a vault, Anthony is a member of the 10-12 year old National Junior State team. His first season in a Class IV. Anthony placed first all-around in the Texas State Championships. He also won the gold medal in vaulting and vault. Anthony is in a team training and train 15-20 hours a week with his coaches Nancy Wood and Marc Steacy.



BRITTANY GILDON GARDEN HILL, CALIFORNIA

Brittany, 9, is a Level II gymnast at Sunny's Gymnastics in Lancaster, Calif. She has been 10.

Brittany is coached by Scott and Thana Mendenhall at Sunnylands Gymnastics Academy in Redlands, California. She placed first in the all-around with a 55.85 on her top group.



JESSE KITZEN-ARELSON COLLEGEVILLE, PENNSYLVANIA

In his first full year of competition in Class VI, Jesse, 10, placed fourth all-around in the State Championships with a 54.25. In the 1998 State Championships, he was seventh in vaulting a P.O. His most successful competition was at the 1998 National Junior State meet, took first in vaulting, beam and vault and second on high bar and floor. Jesse trains at the Mike Morris Gymnastics Training Center in Redlands, California. He's looking forward to next season.

Write your story in the included form (found in the back section). Send a recent photo and a paragraph of information to: USA Gymnastics, P.O. Box 100, San Antonio, Texas 78211. Capital Hill, Suite 300, Indianapolis, IN 46220.

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Scrapbook of Champions

Have you ever wondered what top gymnasts in the U.S. looked like as children? Perhaps you wondered if they were always so slender and lean?

For this issue, USA Gymnastics has taken photos directly from Sierra Lipman's scrapbook. Sierra is 15 years old and a member of Cincinnati Gymnastics Academy. She's had a successful and exciting 1990: She was a member of the gold medal team at the Pacific Alliance Championships in Canada and placed fifth all-around at the Goodwill Games in New York. Sierra was the bronze medalist on bars at the Moscow Team Tournament in Russia and was a member of the gold medal team at the International Team Championships in Tennessee.

Let's take a look at Sierra as he was growing up!

Sierra developed a love for Vegas very early in life!

At age 3, Sierra's off a friend's birthday party.

Three-year-old Sierra enjoyed playing with her collage patch baby.

Sierra received ballet flights and a gift for Christmas at age 5.

Sierra dressed up as a horse for Halloween when she was 7.

At age 7, Sierra was the winner of the St. "Whirl for Life" race.

Sierra, 12, is playing on her backyard trampoline.

This photo of Sierra, age 11, was used on the invitation for a Photo Meet Triad.

Here's a recent photo of Sierra with her coach, Hong Lee Tracy.

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Have to Dream by Tim Lippert is \$15.95 + \$2.00 s/h. *A Healthy 40? by Dr. Jensen* is \$14.95 + \$2.50 s/h.

The books below are great for children ages 8-12. *Kerri-Strong: Heart of Gold, Dominique Williams: An American Champion, Olga Korbut: Olympic Gold* and *Teresa Blain: Gold Medal Olympic Gymnast* are each \$14.95 + \$2.50 s/h.

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ATLER NAMED USOC FEMALE ATHLETE OF THE MONTH FOR JULY

The United States Olympic Committee named Jessica Atler its July Athlete of the Month after she won five gold medals at two international competitions. She won the vault and floor exercise, as well as a team gold medal at the Pacific Alliance Championships in Winnipeg. The next week at the 1996 Goodwill Games, she again won the vault and floor exercise events, defeating world champion Simona Amara of Romania in the vault.

JOHN HANCOCK LIVING WITH BALANCE CONTEST

Thanks to all of you who participated in the John Hancock Living With Balance.

Contest entry essays and pictures were received and it was very difficult to select the winners.

Congratulations to Lauren Menke from Granger, Indiana, who was the Grand Prize winner. Lauren and her family won a trip to the John Hancock U.S. Gymnastics Championships!

All the winners have been notified and everyone will receive a John Hancock Gymnastics pin. Check out all the winners by viewing the John Hancock website at <http://gymnastics.jhancoc.com>. The winning essays and pictures will also be published in the November/December issue of USA Gymnastics!

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RETIRES FROM RHYTHMIC GYMNASTICS

Meaghan Muller, 20, announced her retirement at the Rhythmic National Championships. Muller is from Exeter, N.H., and trained at Atlanta International Rhythmic Gymnastics Center with coach Marina Dornikovich. She won the 1997 World Championships team member and finished second all-around at the 1997.

Rhythmic Challenge

She underwent lower surgery in June 1997 and is going through rehabilitation. Meaghan has begun her sophomore year at the University of Georgia.

MEAGHAN MULLER



USA GYMNASTICS MEN'S JUNIOR OLYMPIC PROGRAM ACADEMIC ALL-AMERICAN RECOGNITION AWARD

Each year the USA Gymnastics Men's Program Department recognizes outstanding academic performance by male gymnasts in grades 9-12. To the right is a list of the First Team (grade point average of 3.85 and above), the Second Team (grade point average of 3.7-3.84), and Honorable Mention Team (grade point average of 3.5-3.69). Congratulations to all of these smart, dedicated, and hard working gymnasts. If you are a male gymnast in grades 9-12 with a high grade point average and would like to be considered for the 1999 Men's Junior Olympic Academic All-American Recognition Award, have your coach fill out the application form located on page 84 of the Men's Program Rules and Policies book. Submit the application by April 15, 1999. GOOD LUCK.

FIRST TEAM

3.85 AND ABOVE

NAME	TEAM	GPA	STATE	COACH
Adam Smith	10	3.90	Illinois	Tom Landford
Adam Smith	10	3.90	Illinois	Tom Landford
Ben J. Taylor	10	3.90	Illinois	Tom Landford
Ben J. Taylor	10	3.90	Illinois	Tom Landford
Ben J. Taylor	10	3.90	Illinois	Tom Landford
Ben J. Taylor	10	3.90	Illinois	Tom Landford
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SECOND TEAM

3.7 TO 3.84

Ben J. Taylor	10	3.90	Illinois	Tom Landford
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HONORABLE MENTION

3.5 TO 3.69

Ben J. Taylor	10	3.90	Illinois	Tom Landford
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YOU CAN HELP

By Kevin Mazzulla

Brian Bobcock, who was the 1985 USA Gymnastics National Champion, Five American Team member and World Championships team member, has been diagnosed with a fatal blood disease called Myelodysplastic Syndrome or Myelodysplasia. The only treatment for his illness is a bone marrow transplant. A group of people called "Friends for Brian" have set up a trust for medical and other related expenses. If you would like to contribute, donations can be sent to:

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L. Mixed Blue Wind Jacket

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M. Mixed Blue Top

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